

Talk it OUT Bingo Call Out Card

B 1	B 2	B 3	B 4	B 5	I 6	I 7	I 8	I 9	I 10
B 11	B 12	B 13	B 14	B 15	I 16	I 17	I 18	I 19	I 20
I 21	I 22	I 23	I 24	I 25	I 26	I 27	I 28	I 29	I 30
N 31	N 32	N 33	N 34	N 35	N 36	N 37	N 38	N 39	N 40
N 41	N 42	N 43	N 44	N 45	G 46	G 47	G 48	G 49	G 50
G 51	G 52	G 53	G 54	G 55	G 56	G 57	G 58	G 59	G 60
O 61	O 62	O 63	O 64	O 65	O 66	O 67	O 68	O 69	O 70
O 71	O 72	O 73	O 74	O 75					

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7 What I need is	17 Name five reasons you're glad to be alive.	34 Something no one knows about me	46 Stress	69 What makes me happy
8 School	28 Family	37 Hate	50 What is your biggest regret?	73 Father
3 Goals	22 My greatest fear	Free	53 My home is	62 Life
11 If you could be any animal, what would you be?	16 Sister/brother	45 My darkest secret is	60 Dreams	66 The last lie I told was
3 People say I	25 What is something that you have gotten in trouble for at school/home?	41 When I am worried I	48 My favorite food is	72 Mother

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2 When I am sad I	30 When I am worried I	40 Death	56 Peer Pressure	64 My home is
11 Mother	29 My favorite food	45 My coping skills are	48 Respect means	71 People say I
13 What is the best thing that ever happened to you	25 School	Free	52 What makes me happy	75 Dreams
15 If I could have any super power	20 Stress	37 My darkest secret is	57 Hate	69 I feel good when
9 Depression	18 What is something that you have gotten in trouble for at school/home?	33 Goals	49 When I am angry I	62 What is your biggest regret?

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3 Stress	27 Name five reasons you're glad to be alive.	33 What is the best thing that ever happened to you	59 Dreams	69 Love is
6 Boyfriend/Girlfriend	29 Goals	39 Lies	46 My favorite song is	71 Mother
5 What would your perfect day consist of?	30 What makes me happy	Free	53 My coping skills are	62 Self-harm
15 What is something that you have gotten in trouble for at school/home?	16 When I am sad I	43 When I am worried I	51 School	75 A friend is
2 Respect means	20 Death	37 Family	60 3 Wishes	63 Name five reasons you're glad to be alive.

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13 Most embarrassing moment	24 Religion	36 Hate	59 Goals	62 Peer Pressure
5 What is the worst thing that ever happened to you	17 When I am worried I	45 When people whisper	60 When I am sad I	63 School
6 My Safe Place is	25 What makes me happy	Free	53 When I am angry I	70 Life
10 What would your perfect day consist of?	30 When I look in the mirror	31 If I could have any super power	47 Mother	75 I feel good when
1 Dreams	22 Stress	38 Family	56 Respect means	71 Sex

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4 fighting	18 Guilt	31 Family	49 Attitude	73 Mother
10 When I look in the mirror	19 What is the best thing that happened	40 What I need is	52 Hate	64 Respect means
8 What would your perfect day consist of?	23 I feel good when	Free	60 Father	75 Safe & what I Unsafe Texting
1 Cyber bullying	21 Goals	44 Sister/brother	47 Worry	72 Life
15 My darkest secret is	27 The funniest thing I have ever...	37 If you were invisible where would you go and what would you do?	59 Peer pressure	69 Boyfriend/girlfriend

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7 The saddest day of my life	18 I wish that	43 Family	48 Beauty is	74 I feel
3 When I am worried I	24 Most embarrassing moment	39 Name five reasons you're glad to be alive.	46 My greatest fear	62 Stress
14 The funniest thing I have ever...	27 A friend is	Free	54 What would your perfect day consist of?	71 Guilt
9 Bullying	30 My home is	37 Love	57 My Safe Place is	70 Anxiety
11 When I am angry I	28 Drugs	45 If you were invisible where would you go and what would you do?	61 When I am sad I	65 Drugs

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7 My favorite movie is	19 Beauty is	33 Police	49 Cyber bullying	62 Goals
4 I feel good when	21 Anger	39 My body is	50 What is the worst thing that ever happened to you	66 When I am worried I
1 3 wishes	27 Hate	Free	51 The internet	69 Abuse
12 Depression	16 The happiest I have ever been was	29 Guilt	41 fighting	74 A friend is
6 My Safe Place is	29 My coping skills are	44 Who do you look up to?	59 Responsibility is	71 Stealing

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11 Disappointment	18 Father	34 Bullying	53 What makes	74 My favorite song is
2 What I need is	29 Guilt	45 Nightmare	51 fighting	66 A friend is
14 If I could have any super power	16 Heartbreak is	Free	60 My favorite movie is	67 Peer Pressure
9 Hate	17 If you could be any animal, what would you be?	32 Family	46 People say I	73 My greatest fear
13 Who do you look up to?	20 Goals	47 Safe & Unsafe Texting	52 Stress	66 Death

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3 Something no one knows about me	27 Safe & Unsafe Texting	33 Family	55 My favorite movie is	62 Stress
6 If I could have any super power	29 Future	40 If you were invisible where would you go and what would you do?	48 Peer pressure	45 I am good at
5 The funniest thing I have ever...	30 What I need is	Free	57 The last lie I told was	67 Chaos
15 Hate	16 Religion	31 When I am worried I	59 fighting	71 What is your biggest regret?
2 My greatest fear	21 Dreams	43 My coping skills are	53 Sister/brother	69 My darkest secret is

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7 When I am angry I	23 If you were invisible where would you go and what would you do?	37 My cell phone	53 Dreams	70 The saddest I have ever been was
13 What is the best thing that happened	26 Stress	42 What I need is	51 Death	73 What would your perfect day consist of?
1 Something no one knows about me	22 Sex	Free	46 Mother	61 Who do you look up to?
3 Sister/brother	30 Self-harm	31 When people whisper	58 Something no one knows about me	71 Goals
9 When I am worried I	19 My darkest secret is	44 The last lie I told was	49 Police	67 Hate

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Thank you for downloading this BINGO game. I first created this in 2008 for an inpatient unit I worked on. I updated it for you. I suggest printing cards out on colored paper and laminating. Conversation builds relationships. It opens the door to understanding what your client is thinking and why. Meaningful conversations don't always happen without prompting. This is a hit with ages 10-18. The group rules are: you must talk about the word/words that you place your marker on for at least 45 seconds. Say whatever comes to mind. No profanity. Everyone gets a prize at the end for participating. The winner of BINGO will get either an extra piece of candy or 1st pick of small prizes. At first it might go a bit slow, but in the end kids are raising their hands to talk about words that others are putting their markers on. Good luck.